



| Health Grade 9 (Promoting Health) Apply Decisions (AP) | | | | | |
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| OUTCOMES | | 1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills. | 2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills. | 3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome. | 4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class. |
| AP 9.12 I can design, implement and evaluate three eight-day action plans that demonstrate responsible health promotion related to comprehensive approaches to safety, non-curable infections/diseases, romantic relationships, healthy food policies, addictions, tragic death and suicide, chronic illness, and sexual health. | Design | <ul style="list-style-type: none"> • With help, I can design an outline for at least ONE eight-day “health promotion” action plan (using my personal goal statements) that include MOST of the elements of an effective plan: who, what, where, when, how, why. | <ul style="list-style-type: none"> • I can design an outline for at least TWO eight-day “health promotion” action plans (using my personal goal statements) that include MOST of the elements of an effective plan: who, what, where, when, how, why. | <ul style="list-style-type: none"> • I can design an outline for THREE eight-day “health promotion” plans, (using my personal goal statements) that include ALL of the elements of an effective plan: who, what, where, when, how , why. | <ul style="list-style-type: none"> • I can design a detailed outline for THREE eight - day “health promotion” action plans, that includes ALL of the elements of an effective plan: who, what, where, when, how, why. |
| | Implement | <ul style="list-style-type: none"> • With help, I can follow my outline to implement at least ONE action plan. | <ul style="list-style-type: none"> • I can follow my design to implement at least TWO eight-day action plans. | <ul style="list-style-type: none"> • I can show evidence of implementing THREE eight-day action plans. | <ul style="list-style-type: none"> • I can show sufficient evidence of implementing THREE eight-day action plans. |
| | Evaluate | <ul style="list-style-type: none"> • I can use established criteria to assess the design elements OR implementation of at least ONE “health promotion” action plan. | <ul style="list-style-type: none"> • I can use established criteria to assess the design elements OR implementation of at least TWO “health promotion” action plans. | <ul style="list-style-type: none"> • I can use established criteria to assess the design elements AND implementation of THREE “health promotion” action plans. | <ul style="list-style-type: none"> • I can use established criteria to assess the design implements AND implementation of THREE “supporting others” action plans, AND evaluate my own ability to achieve these self-selected health-enhancing goals. |
| Comments | | | | | |